

# Tongdam Lunch Menu



We believe our Lunch Menu offers an interesting & varied selection of cuisine and focuses very much on our East West fusion. From Spare Ribs to Lasagna, Dolmades & Green Salad to Brie & Garlic Bread and from Spaghetti Bolognese to Red Snapper in a Calvados & Tarragon cream sauce, we believe we have created a menu to please most palates.

We have also created a New Wine List, packed with interesting wines from around the world. With an increased Wine-by-the-Glass range, which now includes Champagne, we believe that our Lunchtime Dining has never been so good !

All this *and* our Full A La Carte Thai Menu !

## Main Course

- 1] **Deep-fried Brie** in a golden coating of Japanese breadcrumbs, served with caramelised red onion chutney, garlic bread and a choice of side salads.  
a) Mixed leaf & tomato salad, tossed in a honey glaze vinaigrette dressing.  
b) Thai grated mixed salad with peanuts, in a slightly spiced dressing. 🍴 **£5.90**
- 2] **Dolmades** minced lamb, brown rice and fresh mint, wrapped in our own young vine leaves & served with deep-fried sliced potatoes and a choice of side salad.  
a) Mixed leaf & tomato salad, tossed in a honey glaze vinaigrette dressing.  
b) Thai grated mixed salad with peanuts, in a slightly spiced dressing. 🍴 **£6.90**
- 3] **Spaghetti Bolognese** with lean minced beef, plum tomatoes, onion, garlic and mixed Italian herbs and dusted with Parmigiano cheese to taste. **£6.90**
- 4] **Warm Chicken Salad**, tender pieces of marinated grilled chicken, tossed in a mixed green leaf salad, with sliced black olives & cherry tomatoes, in a honey glaze vinaigrette and extra virgin olive oil dressing. **£6.90**
- 5] **Spaghetti Seafood** 🍴 Pan-fried prawns, mussels and squid, in garlic, chilli and sweet basil, then tossed in spaghetti. **£7.90**
- 6] **Fish & Chips** Tilapia fish, deep-fried in a light beer batter, served with sliced deep-fried potatoes and a green leaf and tomato salad, lightly tossed in a honey glazed dressing.  
Served with a choice of dip : mayonnaise, tomato or tartar. **£7.90**

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- 7] **Lasagna al Forno** 🌶️ is a unique lasagna with lean turkey mince, garlic, chilli, tomatoes, onion and hot basil leaves, served with deep-fried sliced potatoes and a choice of side salads.  
a) Mixed leaf & tomato salad, tossed in a honey glaze vinaigrette dressing.  
b) Thai grated mixed salad with peanuts, in a slightly spiced dressing. 🌶️ **N** £ 9.50
- 8] **Meaty Pork Spareribs** comes as a generous portion, marinated in our own special sauce, baked until the meat almost falls off the bone and served with deep-fried sliced potatoes. £10.50
- 9] **Red Snapper** a wonderfully meaty fish, sliced then pan-fried and served in a Tarragon light cream sauce, laced with French Calvados and accompanied by seasonal stir-fried mixed vegetables and rice croquettes. £11.50
- 10] **SAMRAB THAI SET LUNCH** £ 9.50

Choose your main dish from below, with a side dish of either, **Chicken Satay**, **Thai Fish Cakes**, **Spring Rolls**, **Thung Thong** [crispy golden bag of mixed vegetables] or **Goong Hom Pha** [prawns wrapped in rice paper & deep-fried] and a rice dish of either **Jasmine Steamed Rice** or **Egg Fried Rice**.

**PRIEWWARN KAI** Stir-fried chicken with a tangy sweet & sour sauce.

**PHAD KRPAO KAI** Stir-fried chicken with chilli, garlic, vegetables and hot basil leaves. 🌶️

**GAENG GARI KAI** Chicken in a creamy yellow curry 🌶️

**GAENG KIEWWARN KAI** Chicken in green curry sauce with mixed vegetable. 🌶️🌶️

**CHOO CHEE GOONG** Prawns in red curry sauce and coconut milk. 🌶️🌶️

**GAENG PHED KAI** Chicken in a creamy red curry sauce. 🌶️🌶️

**MASSAMAN KAI** Chicken, slowly cooked in a medium spiced Massaman curry sauce. **N** 🌶️

**NUA PHAD NAMMAN HOY** Stir-fried marinated beef with oyster sauce and vegetables.

## Side Order

- 11] **Deep Fried Potatoes** Served with a Main Course, our ever popular Tongdam 'chip' £3.90

You will see symbols beside some of our dishes. They are an indication of spice and nut content, with the spice ranging from mild to hot, to assist you when making your selection.

🌶️  
Mild

🌶️🌶️  
Medium

🌶️🌶️🌶️  
Hot

**N**  
Contains Nuts

# Tongdam Dessert

## Menu



**A Tongdam meal is never quite complete without one of our specially prepared homemade desserts or a Helsett Organic Cornish Ice Cream. Be tempted !**

80. KLAUY BUAD CHEE Banana cooked in Coconut Milk, served warm.	£5.40
81. SWEET MANGO with STICKY RICE (when in season)	£5.40
82. JASMIN CAKE with Lemon Cream Sauce (House Specialty)	£5.40
83. HOT CHOCOLATE PUDDING with Vanilla Ice Cream	£5.40
84. ASSORTED TROPICAL FRUIT PLATTER	£5.40
85. DURIAN CHEESECAKE made with Durian, the King of Eastern fruits	£5.40
86. RICH CHOCOLATE TART with Double Cream	£5.40

*Dessert Wine* Brown Brothers, Orange Muscat & Flora (Australia / 375ml) £14.00  
Has flavours of citrus and stone fruit, with a fresh crisp finish, ideal with our desserts.

### **HELSETT FARM CORNISH ICE CREAM**

Helsett Farm ice cream used at Tongdam is now fully organic. Produced in Boscastle, using milk from the farm's own pedigree Ayrshire cows, this ice cream contains only natural ingredients with no stabilisers, emulsifiers or colours being added.

87. Ginger	£4.90
88. Strawberry & Black Pepper	£4.90
89. Coffee	£4.90
90. Chocolate	£4.90
91. Honey & Lavender	£4.90
92. Vanilla	£4.90

### *Tea & Coffee*

Regular Coffee	£2.20
Espresso	£2.20
Double Espresso	£3.00
Cappuccino	£2.50
Latte	£2.50
Tea (Earl Grey, English Breakfast, Darjeeling)	£2.20
Herbal Tea	£2.20
Tongdam's Fresh Lemongrass Tea	£2.20
Tongdam's Liqueur Coffee	£4.80

*Cognac & Liqueurs* Please ask to see our Drinks List

## Articles for Sale at Tongdam

You may be interested to know that articles of clothing, with some seen being worn by Tino and the Team in the Front of House, are available for sale from stock :

**Sarongs & Fisherman Trousers** ..... £ 18.00 each

**Long-sleeved Stripped Shirt** ..... £ 16.50 each

**Traditional Thai Style Shirt** ..... £ 16.50 each

**Seed & Shell decorated Narrow Belt** ..... £ 12.50 each

**Seed & Shell decorated Wide Belt** ..... £ 24.00 each

## A word about Service Charges & tipping at Tongdam

We will never add a Service Charge to your bill, as we simply do not believe this to be right. As for 'tipping', we would like you to know that all cash tips are divided out equally at day's end between the Front of House & Kitchen Crew. Cash tips are preferred by our Team, as Credit Card tips are paid out on a six monthly basis ! However, the important point is that we believe 'tips' should be earned and based entirely on customer satisfaction and you may rest assured that all 100% of the tips end up with the Team.

## Did You Know :

Tongdam offers an **Outside Catering Service**, whether it is that special **Dinner Party**, a **Family Buffet**, an **Anniversary Celebration**, or even a **Wedding**. We can supply a Menu to compliment your individually requirements. Our extensive Menu offers a comprehensive range of dishes, with desserts and canapés tailored to the mood.

Tongdam celebrates many annual events, including our **Thai New Year** week, **Mothering Sunday** and **Easter Bank Holiday** weekend. Our **Valentine's Night** is a night of romance, soft music and Champagne, with a specially prepared Set Menu and we always go that little bit further to ensure your evening leaves you with good memories.

We are open for **Christmas Day Lunch** and offer set Menus in both **Traditional English** with all the trimmings and Thai cuisine. Let us take away the strain and pressure of your Christmas Day. Arrive at 1pm and you will be greeted with Champagne, then take your seat and prepare to be pampered ! We guarantee a feast to remember and there is no rush, we stay open until the last person leaves !

**New Year's Eve** is an evening where we work hard to ensure you see the old year out with a carefully chosen exciting Set Menu which will satisfy your taste buds and prepare you for the to countdown of the old and welcoming in of the new, with a complimentary glass of Champagne.

Have you ever thought of enjoying that special occasion with a dinner at Tongdam and then staying over ? We have an on site B&B, which means you can relax and not worry about drinking and driving. Please see our website for more information.

We have an extensive website at [www.tongdam.com](http://www.tongdam.com). Visit us on line and be kept informed and updated throughout the year.